As I neared the ruins, I could see clearly that they were indeed of some ancient chapel, perhaps monastic in origin, and all broken-down and crumbling, with some of the stones and rubble fallen, probably in recent gales, and lying about in the grass. The ground sloped a little down to the estuary shore and, as I passed under one of the old arches, I startled a bird, which rose up and away over my head with loudly beating wings and a harsh croaking cry that echoed all around the old walls and was taken up by another, some distance away. It was an ugly, satanic-looking thing, like some species of sea-vulture – if such a thing existed – and I could not suppress a shudder as its shadow passed over me, and I watched its ungainly flight away towards the sea with relief. Then I saw that the ground at my feet and the fallen stones between were a foul mess of droppings, and guessed that these birds must nest and roost in the walls above.

Otherwise, I rather liked this lonely spot, and thought how it would be on a warm evening at midsummer, when the breezes blew balmily from off the sea, across the tall grasses, and wild flowers of white and yellow and pink climbed and bloomed among the broken stones, the shadows lengthened gently, and June birds poured out their finest songs, with the faint lap and wash of water in the distance.

So musing, I emerged into a small burial ground. It was enclosed by the remains of a wall, and I stopped in astonishment at the sight. There were perhaps fifty old gravestones, most of them leaning over or completely fallen, covered in patches of greenish-yellow lichen and moss, scoured pale by the salt wind, and stained by years of driven rain. The mounds were grassy, and weed-covered, or else they had disappeared altogether, sunken and slipped down. No names or dates were now decipherable, and the whole place had a decayed and abandoned air.

Ahead, where the wall ended in a heap of dust and rubble, lay the grey water of the estuary. As I stood, wondering, the last light went from the sun, and the wind rose in a gust, and rustled through the grass. Above my head, that unpleasant, black, iron door handle, the weight of which reminded me of the stories I had heard of shackles and chains in Mrs Drablow's history classes – like a torture chamber.

A mist had gathered, curling around the graveyard like a fleet of ghosts. Suddenly nervous, my heart beating a little faster, I turned to look.

The shadow became a shape, which became a figure, crouching behind a gravestone, hunched over like someone praying. My nervousness turned to fear; my heart stopped, I couldn’t breathe, my eyes fixed on the figure dressed in black behind the stones. Suddenly I saw a movement, a flicker of a skirt, a silent swish on the grass; the figure began to stand, and turn. I stood frozen to the spot, and turned to look.